

# Pre-Arrival

EXPERIENCE THE BENEFITS OF A HEAVENLY SPA BY WESTIN™

## SPA HELANI

A Heavenly Spa by Westin™ provides authentic and memorable experiences inspired by our island home. We believe that much of the value of the spa experience comes not only from the facilities, treatments and products, but from having the time and space for silence, separation from technology and personal reflection and contemplation. Throughout the spa experience, we strive to engage each guest across seven senses: the five physical senses of sight, sound, touch, taste and scent, as well as the psychological senses of emotion and meaning.

## COMFORT & CONSIDERATIONS

Your comfort is important to us, so please ensure that we are made aware of any therapist preferences, health concerns or product sensitivities you may have at the time of reservation. All of our licensed therapists are professionally trained to provide you with a calm and peaceful experience that is customized to your health and wellness needs.

For optimal serenity, all treatment rooms are located on the second level of Spa Helani, reached by a short staircase. Guests who are unable to make this climb may request elevator access. Please be prompt in your arrival as all appointments will end on time and be charged in full, regardless of late arrival.

## SPA FACILITIES

We encourage you to arrive 30 minutes prior to your scheduled appointment time to enjoy our steam room, rain showers and relaxation lounge. A locker, plush robe and slippers will be provided at the time of your arrival. We respectfully ask that you leave cellphones turned off to ensure the tranquility of our spa environment for all guests. Additionally, please deposit all valuables in your room safe, as we are not responsible for lost or misplaced items.

## CANCELLATION POLICY

Please notify Spa Helani 24 hours prior to your scheduled appointment should you need to change or cancel your reservation to avoid being charged for scheduled services. Group bookings require a seven-day advance notice for cancellations or changes.

## SERVICE CHARGE

For your convenience, a 20% service charge will be added to the cost of your services. This provides a 16% gratuity for your technician and 1% gratuity for the support staff. This service charge is adjustable based on your satisfaction with services received and additional gratuities for your provider may be left at your discretion.

## AGE LIMITATIONS

Guests ages 12 to 17 are welcome to enjoy full services when accompanied by a parent or guardian.

## EXPECTANT MOTHERS

Please advise at the time of reservation if you are pregnant and we will guide you to services that will be most beneficial during the different stages of pregnancy. For your comfort we provide facials in the first twelve weeks of pregnancy. Massage is available for expectant mothers of thirteen weeks or longer.

# Additional Services

## SEASONAL SPECIALS

Ask about our seasonal offerings highlighting the newest spa products and services at a promotional price. Restrictions apply; inquire at Spa Helani.

## SPA HELANI RETAIL BOUTIQUE

Our boutique features a perfect collection of soft, breezy sundresses, cover-ups, swimwear and locally designed accessories. Spa Helani is also your one-stop-shop for island-inspired body products, which make excellent gifts for friends and family.



## CONNECT WITH US

**facebook:** [www.facebook.com/westinkaanapali](http://www.facebook.com/westinkaanapali)

**Twitter:** @westinkaanapali

#SpaHelani

**Instagram:** @westinkaanapali

**Find us on TripAdvisor®**

at The Westin Kā'anapali Ocean Resort Villas



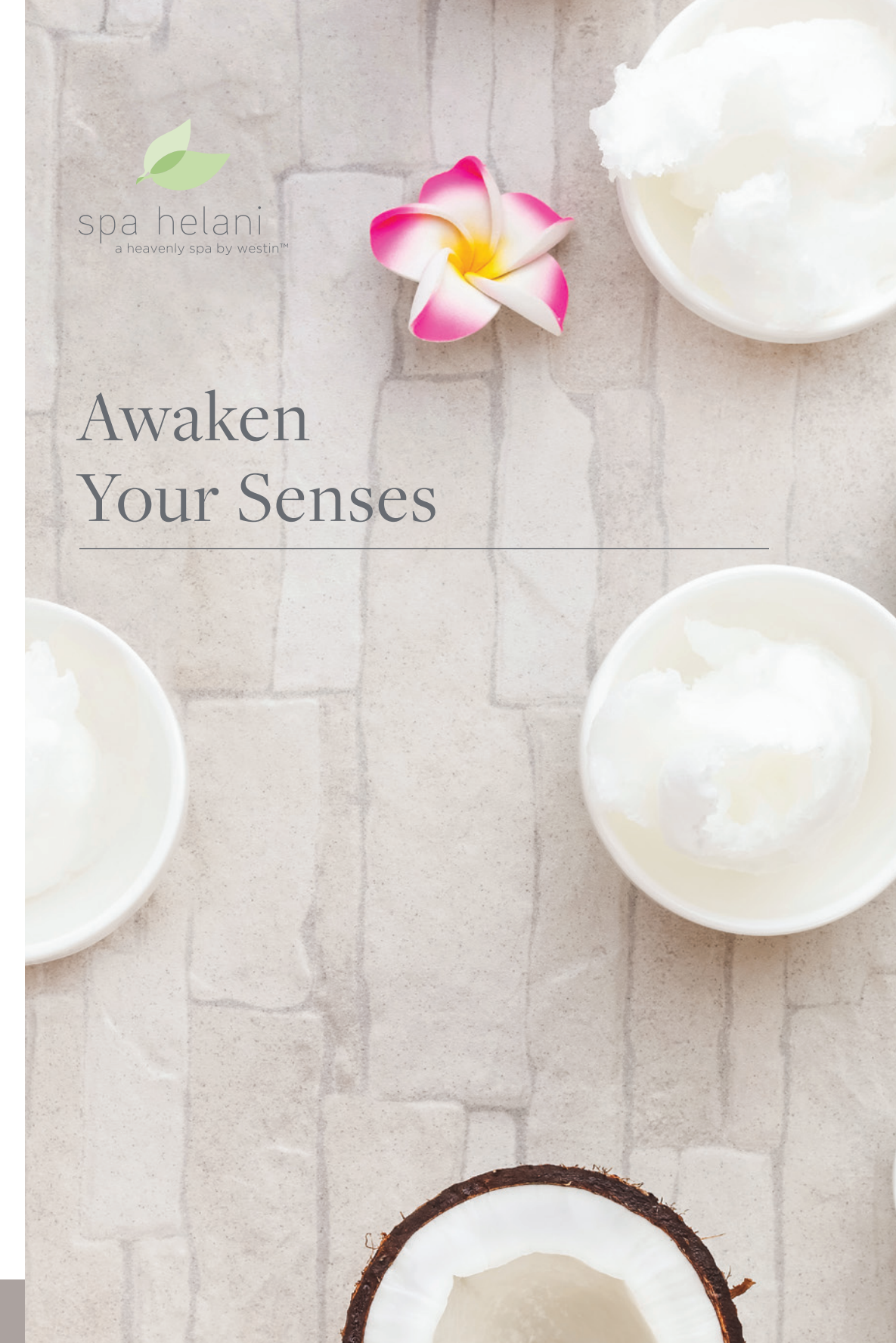
## THE WESTIN KĀ'ANAPALI OCEAN RESORT VILLAS

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[westinkaanapali.com/spa](http://westinkaanapali.com/spa)

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spa helani  
a heavenly spa by westin™

# Awaken Your Senses

# Massage

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## HEAVENLY SPA SIGNATURE MASSAGE

A heated compress invites back muscles to relax and ease during a Swedish massage.

50 MINUTES / 80 MINUTES

## HAWAIIAN LOMI LOMI MASSAGE

Inspired by traditional Polynesian dance and rhythmic Pacific waves. The medium pressure massage incorporates techniques passed down from ancient healers.

50 MINUTES / 80 MINUTES

## TAHITIAN MAHANA MASSAGE

Featuring oils made from Tahitian gardenias, this deeply relaxing massage utilizes light to medium pressure and heated hot stones to penetrate the muscles deep down.

50 MINUTES / 80 MINUTES

## THERAPEUTIC MASSAGE

Firm pressure, trigger point, myofacial and cross fiber techniques are used to penetrate deep layers of muscle fibers.

50 MINUTES / 80 MINUTES

## HĀPAI PREGNANCY MASSAGE

Carefully designed for women who have completed their first trimester, this massage combines comfort pillows with a light to medium pressure technique. Notes of Himalayan geranium, lavender and mandarin essential oils reduce tension and restore the mind.

50 MINUTES / 80 MINUTES

## PA'A MALE (COUPLES) MASSAGE

Enjoy any of our massages side-by-side in the comfort of an in-spa couples room by request and availability.

## MASSAGE ENHANCEMENTS

### Time Added Enhancements

#### REVITALIZING SCALP RITUAL

This conditioning treatment features rich coconut oil and a locally made essential oil blend applied to the hair and scalp and infused with steamed towels.

25 MINUTES

#### COCO SHEA FOOT QUENCH

Deeply nourishing coconut shea butter is massaged into feet for a replenishing quench.

25 MINUTES

#### COCO SHEA HAND QUENCH

Deeply nourishing coconut shea butter is massaged into hands for a replenishing quench.

25 MINUTES

### No Time Added Enhancement

#### LOMI PŌHAKU (STONE) ENHANCEMENT

Add warmth or coolness to your massage with smooth stones

#### INVIGORATING FOOT SCRUB ENHANCEMENT

Enliven the feet with a refreshing foot exfoliation and warm towel compress

#### HIMALAYAN SALT STONES

Invigorate and detoxify lymphatic pathways

# Face

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## HALEAKALĀ CUSTOMIZED FACIAL

Firm, clear or calm skin with organic medicinal herbs, plants and fruit pulps. The extended version includes Jade Roller for cool lifting feel and a Peel.

50 MINUTES / 80 MINUTES

## MEN'S MANA FACIAL

Inspired by strength and resilience our men's facial is specifically designed to work through the thicker layers of men's skin. Potent antioxidants and renewing multi vitamin serums unveil strong ageless results. The extended version includes a detoxification for the feet.

50 MINUTES / 80 MINUTES

## HYDRAFACIAL

This patented experience gives you all the benefits of a visit to a medi spa without the downtime. The HydraFacial vortex system removes impurities and dead skin cells but goes one step further by driving antioxidants, peptides and hyaluronic acid directly into the skin for immediate results. Experience what celebrities call the red-carpet facial.

25 MINUTES / 50 MINUTES / 80 MINUTES

## FACIAL ENHANCEMENTS

### No Time Added FACIAL EMBELLISHMENTS

- Age Defying Mask – soothing and firming
- Under Eye Lift – Peptide Mask to help firm and lift
- Lip Plump Mask - Peptide Mask plumps to minimize fine lines
- Arctic Berry Peel Refresh – deeper exfoliation for longer results. Great for anti-aging and sun damage.

# Body

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## GENTLE MANGO BODY WRAP AND EXPRESS FACIAL

Fresh tropical aromas of mango and pineapple fill the air during this hydrating body wrap. A dry brush exfoliation stimulates skin renewal followed by a deeply moisturizing mango body gloss. A head to toe revitalization is complete with a mini facial.

50 MINUTES

## HUALANI BODY POLISH

Pineapple enzymes and moisturizing passion fruit from our locally made signature Hualani products deliver a powerful full body exfoliation.

50 MINUTES

# Rituals

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## KĀ'ANAPALI COUPLES RITUAL

This deeply relaxing and renewing experience connects the mind, body and spirit with Hawaiian-style massages using fluid movements and indigenous coconut oil. This unforgettable experience concludes with a calming bath for two.

80 MINUTES PER COUPLE  
(50-MINUTE MASSAGE WITH BATH)

110 MINUTES PER COUPLE  
(80-MINUTE MASSAGE WITH BATH)

## PROBIOTIC BODY WRAP

Feed your skin nutrient rich probiotics to support immunity and defy aging. Dry brush exfoliation, renewing probiotic lotions and custom Hawaiian scent aromatherapy balances mind and body.

50 MINUTES

## POLYNESIAN RITUAL

Inspired by ancient traditions, this ritual transports you to the sacred Polynesian islands. Your journey begins with a coconut shell, white sand and Tahitian vanilla scrub from Taha'a. Next, journey to Bora Bora for a slow and powerful massage using heated pōhaku (stones). Your final stop is Ra'iātea, with a restorative application of golden monoi oil.

80 MINUTES OR 110 MINUTES